



Independence Day Class Schedule

Open Wednesday, July 4, 2018
7:00am - 1:00pm

CLASS	TIME	LOCATION	INSTRUCTOR
BODYCOMBAT™	8:30am - 9:30am	Studio 2	Michelle L.
BODYPUMP™ EXPRESS	9:30am - 10:00am	Studio 2	Christian
YOGA CORE	9:30am - 10:30am	Studio 1	Kelly
CXWORX™	10:00am - 10:30am	Studio 2	Christian
CYCLE	10:30am - 11:30am	Cycle Studio	Kristine P.
ZUMBA®	10:30am - 11:30am	Studio 2	Dan & Christian