



SEMI-PRIVATE TRAINING - TIER 2

Advancement to Tier Two is attained through taking additional company education and a proven track record of client results.

Single Payment Plan*

TIER 2 ONE HOUR		
Your Commitment	Single Payment	Cost Per Session
8 Sessions	\$440.00	\$55.00
16 Sessions	\$800.00	\$50.00
24 Sessions	\$1,140.00	\$47.50

TIER 2 HALF-HOUR		
Your Commitment	Single Payment	Cost Per Session
8 Sessions	\$242.00	\$30.25
16 Sessions	\$440.00	\$27.50
24 Sessions	\$630.00	\$26.25

Benefits • Lowest Price Per Session • Access to all sessions at purchase date • More flexibility for scheduling

Monthly Payment Plan*

TIER 2 ONE HOUR		
Your Commitment	Monthly Payment	Cost Per Session
2 Months (8x/month)	\$420.00	\$52.50
3 Months (8x/month)	\$400.00	\$50.00
3 Months (12x/month)	\$570.00	\$47.50

TIER 2 HALF-HOUR		
Your Commitment	Monthly Payment	Cost Per Session
2 Months (8x/month)	\$232.00	\$29.00
3 Months (8x/month)	\$220.00	\$27.50
3 Months (12x/month)	\$315.00	\$26.25

Benefits • Pay in installments rather than upfront • Access to monthly allotment of sessions • More structured scheduling

SMALL GROUP TRAINING

All Small Group Training sessions require 3 - 8 participants.

ONE HOUR	
Your Commitment	Package Cost
8 Sessions	\$225.00

HALF-HOUR	
Your Commitment	Package Cost
8 Sessions	\$115.00

*All Recurring Programs start with a partial month preceding the monthly commitment. All programs expire 1 year after purchase date. All Personal Training sessions must be paid in full by check or credit card prior to the start of the first session. All sessions are non-refundable and non-transferable.

Cancellation Policy: You must give 24 hour notice of cancellation or you will be charged for your session.