



PERSONAL TRAINING - TIER 1

Our trainers are hired with the primary role of servicing the members of the fitness floor and ensuring a safe and welcoming environment. All trainers are required to be CPR/AED certified, hold a nationally accredited certification or bachelors degree in exercise science.

Single Payment Plan*

TIER 1 ONE HOUR		
Your Commitment	Single Payment	Cost Per Session
8 Sessions	\$480.00	\$60.00
16 Sessions	\$896.00	\$56.00
24 Sessions	\$1,296.00	\$54.00

TIER 1 HALF-HOUR		
Your Commitment	Single Payment	Cost Per Session
8 Sessions	\$264.00	\$33.00
16 Sessions	\$496.00	\$31.00
24 Sessions	\$720.00	\$30.00

Benefits

- Lowest Price Per Session
- Access to all sessions at purchase date
- More flexibility for scheduling

Monthly Payment Plan*

TIER 1 ONE HOUR		
Your Commitment	Monthly Payment	Cost Per Session
2 Months (8x/month)	\$470.00	\$58.80
3 Months (8x/month)	\$454.00	\$56.70
3 Months (12x/month)	\$648.00	\$54.00

TIER 1 HALF-HOUR		
Your Commitment	Monthly Payment	Cost Per Session
2 Months (8x/month)	\$260.00	\$32.55
3 Months (8x/month)	\$252.00	\$31.50
3 Months (12x/month)	\$360.00	\$30.00

Benefits

- Pay in installments rather than upfront
- Access to monthly allotment of sessions
- More structured scheduling

*All Recurring Programs start with a partial month preceding the monthly commitment. All programs expire 1 year after purchase date. All Personal Training sessions must be paid in full by check or credit card prior to the start of the first session. All sessions are non-refundable and non-transferable.

Cancellation Policy: You must give 24 hour notice of cancellation or you will be charged for your session.