



PERSONAL TRAINING - TIER 1

Our trainers are hired with the primary role of servicing the members of the fitness floor and ensuring a safe and welcoming environment. All trainers are required to be CPR/AED certified, hold a nationally accredited certification or bachelors degree in exercise science.

Single Payment Plan*

| TIER 1 ONE HOUR | | |
|-------------------|----------------|------------------|
| Your Commitment | Single Payment | Cost Per Session |
| 8 Sessions | \$480.00 | \$60.00 |
| 16 Sessions | \$896.00 | \$56.00 |
| 24 Sessions | \$1,296.00 | \$54.00 |

| TIER 1 HALF-HOUR | | |
|--------------------|----------------|------------------|
| Your Commitment | Single Payment | Cost Per Session |
| 8 Sessions | \$264.00 | \$33.00 |
| 16 Sessions | \$496.00 | \$31.00 |
| 24 Sessions | \$720.00 | \$30.00 |

Benefits

- Lowest Price Per Session
- Access to all sessions at purchase date
- More flexibility for scheduling

Monthly Payment Plan*

| TIER 1 ONE HOUR | | |
|----------------------|-----------------|------------------|
| Your Commitment | Monthly Payment | Cost Per Session |
| 2 Months (8x/month) | \$470.00 | \$58.80 |
| 3 Months (8x/month) | \$454.00 | \$56.70 |
| 3 Months (12x/month) | \$648.00 | \$54.00 |

| TIER 1 HALF-HOUR | | |
|----------------------|-----------------|------------------|
| Your Commitment | Monthly Payment | Cost Per Session |
| 2 Months (8x/month) | \$260.00 | \$32.55 |
| 3 Months (8x/month) | \$252.00 | \$31.50 |
| 3 Months (12x/month) | \$360.00 | \$30.00 |

Benefits

- Pay in installments rather than upfront
- Access to monthly allotment of sessions
- More structured scheduling

*All Recurring Programs start with a partial month preceding the monthly commitment. All programs expire 1 year after purchase date. All Personal Training sessions must be paid in full by check or credit card prior to the start of the first session. All sessions are non-refundable and non-transferable.

Cancellation Policy: You must give 24 hour notice of cancellation or you will be charged for your session.

